

General Information

USA Wrestling is the National Governing Body for the Sport of Wrestling in the United States and, as such, is its representative to the United States Olympic Committee. Simply, USA Wrestling is the central organization that coordinates amateur wrestling programs in the nation and works to create interest and participation in these programs.

It is not the wild, or "off the top rope", stuff you might have seen on television. The many programs and activities conducted by USA Wrestling or the hundreds of chartered clubs, provide opportunities for youth and adults alike to gain an understanding and appreciation for the international styles of wrestling, Freestyle and Greco-Roman, and folkstyle (scholastic and collegiate) which is the style practiced at high schools and colleges across the country.

USA Wrestling has more than 159,000 members. These members include athletes of all ages, coaches, officials, parents and fans striving together to strengthen the sport. Part of USA Wrestling's mission is to foster grassroots development for the sport.

Each year, USA Wrestling charters over 2900 wrestling clubs and sanctions over 1600 local, state, regional and national competitions. These opportunities and more are just a small part of the exciting world of USA Wrestling.

Members of the World-leading USA Wrestling Family enjoy many of the following benefits:

1. Participation in Local, Regional, and National Competitions.
2. Four levels of Coaches Certification.
3. The opportunity to travel abroad with Developmental Tours for Cadet, Junior, Women, University and Senior level athletes.
4. Educational videos and written materials.
5. Regional and National Training and Developmental Camps for Youth through Senior-level athletes.
6. Free subscription to USA Wrestler, the officials publication of USA Wrestling.
7. Fundraising Opportunities for Chartered Clubs.
8. Discounts on USA Wrestling Merchandise.

Becoming a member of the USA Wrestling is easy. Just contact your state association membership director and he or she will provide you with the necessary forms and information on becoming a member. In addition, your membership director or state chairperson will be able to provide you with information on state level programs and opportunities offered.

You can also contact USA Wrestling's Department of State Services for more information on the various opportunities awaiting you in the amateur wrestling world. Call or write to: USA Wrestling, Attn: Department of State Services, 6155 Lehman Drive, Colorado Springs, CO 80918; 1-719-598-8181.